

Bedford Central Schools Health Benefit Plan
Restatement of January 1, 1999
Plan Amendment

The Bedford Central Schools has adopted and amended the following provisions for the self-funded Bedford Central Schools Health Benefit Plan. Amendment revises Master Plan Document restated as of January 1, 1999.

Amendment Number: R1999-005
Amendment Effective Date: January 1, 2004

Nature of Amendment: To amend the Plan to continue to allow certified Registered Clinical Social Workers for treatment of mental disorders through calendar year 2004. The District has the sole right to determine if coverage for this provider will be extended for subsequent calendar years beyond 2004.

Provision Affected

SECTION I – SUMMARY OF BENEFITS; D. Major Medical Expense Benefits
Under Psychiatric **Outpatient**; to show certified Registered Licensed Clinical Social Worker as a covered provider through calendar year 2004, with the District’s Sole right to continue the benefit on a calendar year basis beyond 2004.

Provision Affected

SECTION IV- COVERED SERVICES; D. Major Medical Expense Benefits
Modify paragraphs under “**7. Outpatient Mental health Care**” to show Certified Registered Licensed Clinical Social Workers as a covered provider through calendar year 2004, with the District’s sole right to continue the benefit on a calendar year basis beyond 2004.

7. Outpatient Mental Health Care

Alcohol or Substance Abuse treatment is not Covered under this benefit. Refer to alcohol Outpatient services under <i>Hospital Expense Benefits</i> shown previously in this section and Substance Abuse Care shown previously in this section.

Benefits are available for Outpatient mental Illness care given for you or your Dependents. Coverage is limited to once per day unless additional visits are found Medically Necessary according to Plan provisions. Exception: Coverage will be provided separately for an individual and a group therapy visit given on the same day. Refer to **Section I - Summary of Benefits** for benefit limits. Services must be given and billed by a psychiatrist or licensed clinical psychologist or billed by a Hospital, mental health facility, Physician’s corporation or clinic for the services of a psychiatrist or licensed clinical psychologist. *The District has also extended Coverage for Certified Registered Licensed Clinical Social Workers through calendar year 2004. The District has the sole right to determine whether coverage*

*for this provider will be extended beyond 2004. To verify if coverage has been extended for subsequent calendar years beyond 2004, please contact the District Benefits Office. **No other Providers are Covered.** Treatment must be directed at a diagnosed mental illness. Benefits are not payable for care that is primarily directed at raising the level of consciousness, social enhancement, retraining, professional training or counseling limited to everyday problems of living, marriage counseling, family counseling, sex therapy, or support groups. Under no circumstances are benefits provided for therapy that includes the satisfaction of requirements for professional training. Alcohol or drug addiction treatment is not Covered under this benefit. See alcohol and/or substance rehabilitation benefits shown previously in this section.*

Provision Affected

SECTION X- DEFINITIONS;

To modify the definition “**Certified Social Worker**”

to show Certified Registered Licensed Clinical Social Workers as a covered provider through calendar year 2004, with the District’s sole right to continue the benefit on a calendar year basis beyond 2004.

CERTIFIED REGISTERED LICENSED CLINICAL SOCIAL WORKER – A licensed social worker who has a license/certificate No. which begins with an “R” issued by the New York State Education Department of similar qualifications outside New York.